

REMOTE PATIENT MONITORING

UAB Medicine's remote patient monitoring (RPM) service uses state-of-the-art equipment to manage chronic medical conditions from the patient's home.

CONDITIONS MANAGED

Any diagnosis that requires monitoring of blood sugar, blood pressure, heart rate, and weight, such as:

- Congestive heart failure
- High blood pressure
- Diabetes (including gestational)
- Nephrotic syndrome

HOW IT WORKS

- Electronic devices are delivered to the patient's home. The patient does not need to have any knowledge of technology to participate.
- The kit includes necessary supplies and instructions. Diabetic testing materials are included with the program.
- Pre-determined values based on diagnosis are transmitted electronically to the RPM pool of highly trained RPM UAB nurses.
- The UAB Medicine RPM steering committees created alert values stratified by severity. Ordering providers will be notified of high-priority alerts, and patient data will be viewable in Cerner.
- Alerts are monitored Monday-Friday from 8 a.m. to 5 p.m.
- The RPM service is not covered by all insurance plans. Patient coverage will be verified prior to enrollment.
- Patients may be discharged from the program if unable to transmit data at least 16 calendar days a month for two consecutive months, if the patient is unwilling to participate, or if the RPM team is unable to contact the patient.

BENEFITS

- Improved blood pressure and blood sugar control over a shortened period of time
- Direct communication and education from RPM nursing staff, empowering patients to self-manage their chronic disease

HOW TO REFER

- Select Orders + Add, type "RPM" in the search box, then choose RPM PowerPlan.
- Select the kit type for the chronic disease state to be monitored.
- Enter a stop date and time.
- Select the Diagnoses tab, search for and select the appropriate diagnosis, then select Sign.

If you have questions about UAB Medicine's remote patient monitoring service, please email emedicine@uabmc.edu.

UAB MEDICINE RPM NURSES: 205-801-5511

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